

Levels

Level 3

Typically, 4-7 years old; using mostly red balls; able to start playing from the first practice; beginning the development of proper technique and footwork; focus on balance, hand-eye coordination, athletic skills, and basic racquet skills.

Level 2

Typically, 7-9 years old; using mostly green dot balls; introducing grips & strokes; continuing the development of athletic & technical skills and introducing rallying with a partner.

Level 1

Typically, 9 years old & up, high-performance group; using yellow balls; continuing the development of strong technical skills; beginning to develop strategical skills & point construction; playing tournaments.

Team Tennis

NorCal Junior Team Tennis (JTT) Spring 2023 season is coming up, and we are excited to form a team and have our kids participate in group matches March through May. Let us know if you are interested in having your child participate in JTT, and we will sign them up! The season lasts approximately 8 weeks and is comprised of home and away matches. Stay tuned for finalized dates!



MARIN
TENNIS CLUB



NEW JUNIOR TENNIS PROGRAM AT MTC



Contact us at
tennisdirector@marintennisclub.com
(916) 254-9467



Program

Welcome to the junior tennis program at MTC! We are excited to offer top-quality training & coaching for young players of all levels. Whether you are just starting out in the sport or are planning to take your child's game to the next level, our program has something for you.

Designed to combine instruction & fun, training sessions will focus on developing technical, strategical, & physical elements of the game. If you are looking for your child to learn necessary skills to play tennis & improve their athletic abilities, or just want your little ones to get into the sport - we will get you there! Start by trying one of our groups out & enjoy top quality instruction in high energy environment.

Schedule

Day	Time	Group	Coach
Monday	4:30 PM	Level 1	Anton/Sam
Tuesday	4:30 PM	Level 2	Anton/Sam
Wednesday	4:30 PM	Level 1	Anton/Sam
Thursday	3:30 PM	Level 3	Anton/Sam
	4:30 PM	Level 2	Anton/Sam
Friday	4:30 PM	Level 1	Anton/Sam

Cost

Service		Member	Guest	Length (Hours)
LEVEL 3	Drop-in Session	\$ 35.00	\$ 40.00	45 min
	Monthly Package (1 session/week)	\$ 130.00	\$ 150.00	45 min
LEVEL 2	Drop-in Session	\$ 35.00	\$ 40.00	60 min
	Monthly Package (1 session/week)	\$ 130.00	\$ 150.00	60 min
	Monthly Package (2 sessions/week)	\$ 240.00	\$ 280.00	60 min
LEVEL 1	Drop-in Session	\$ 52.50	\$ 60.00	90 min
	Monthly Package (2 sessions/week)	\$ 380.00	\$ 435.00	90 min
	Monthly Package (3 sessions/week)	\$ 540.00	\$ 615.00	90 min

Instructors

Tennis director Anton Stryhas has trained & developed such established tennis players as Jenson Brooksby, Katie Volynets, Collin Altamirano, & many others. With more than a dozen of national champions raised, coach Anton knows how to help his students excel in the game & is dedicated to build the strongest junior tennis program in Marin. He enjoys working on every aspect of the game & loves helping his students become better players, athletes, & individuals.

Coach Sam Wexman has mountains of experience training junior tennis players, from beginners to top level high school competitors. With background in college tennis, coach Sam is excellent at working with students of both advanced & novice levels. He enjoys making practices fun & educational.